

Intervention: California Adolescent Sibling Pregnancy Prevention Program

Finding: Sufficient evidence for effectiveness

Potential partners to undertake the intervention:

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|---------------------------------------------------------------------------|---------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Nonprofits or local coalitions | <input type="checkbox"/> Businesses or labor organizations |
| <input checked="" type="checkbox"/> Schools or universities | <input type="checkbox"/> Media |
| <input checked="" type="checkbox"/> Health care providers | <input checked="" type="checkbox"/> Local public health departments |
| <input checked="" type="checkbox"/> State public health departments | <input type="checkbox"/> Policymakers |
| <input type="checkbox"/> Hospitals, clinics or managed care organizations | <input type="checkbox"/> Other: |

Background on the intervention:

This program provides individualized case management and care as well as sex education to the adolescent siblings of pregnant and parenting teens. It is recommended for economically disadvantaged Hispanic youth, ages 11 to 17.

Findings from the systematic reviews:

Overall, female program participants delayed the initiation of sexual intercourse and assisted male youth to increase consistent use of contraception. The program resulted in reductions in teen pregnancy rates among program youth relative to comparison youth.

Limitations/Comments:

This program was specifically designed for high-risk teens, where high-risk is defined as teens who have full or half siblings who have been pregnant or were parents and who participated in California's CAL-LEARN program.

Additional information:

California Department of Health Services, Maternal and Child Branch
714 P Street, Room 750
Sacramento, CA 95814
Phone: (916) 657-2233

References:

Alford, S. Science and Success: Sex education and other programs that work to prevent teen pregnancy, HIV and sexually transmitted infections; 2003. Available online at:
[Advocates for Youth - http://www.advocatesforyouth.org/publications/ScienceSuccess.pdf](http://www.advocatesforyouth.org/publications/ScienceSuccess.pdf)